

<u>Salads</u>

Traditional English Garden salad with leaves, cucumber, tomato, radish and beetroot

Mixed green leaves with Parmesan Croutons

Roasted Plum Tomato, rock salt, garlic and fresh basil

Spinach, avocado, crispy bacon and toasted almonds with a blue cheese dressing

Warm pasta and pesto salad with asparagus tips and shaved parmesan

New potatoes with an orange and herb vinaigrette

Avocado, grape, celery, apple and walnut

Tabouleh – cracked wheat, tomato, spring onion, mint parsley and lemon

Mixed rice with coriander, spring onion and parsley

Crisp chicory leaves with watercress and orange segments

Water melon, tomato, cucumber, black grape and mint

Rocket, spinach, parmesan with pomegranate and balsamic

Tuscan Panzanella – Ciabbata, chargrilled peppers, chilli, plum tomato, capers, black olive and

Baby broad bean, pea, feta cheese and mint

Cherry tomatoes with radish, baby beetroots and spring onion

Soya bean with chick peas, diced tomato and fresh herbs

Tomato, mozzarella and basil infused oils

Cucumber with soured cream, spring onions and chives

Cous cous with sundried tomato, olives and spinach

Chiffonade of fennel with poppy seeds and fresh orange

Salad of roasted Chantennay carrots with caraway seeds and mixed leaves